



UNITED WE FIGHT FOR HEALTH

LIVE UNITED

Approaches- access to healthcare

- Align community partners to provide navigation services explaining coverage options, deadlines, and health concepts, and coordinate insurance enrollment campaigns
- Centralize referrals and information through dedicated hotlines
- Reach new populations by integrating benefit screening and enrollment into new programs
- Identify gaps in service delivery or uninsured/underserved populations and establish dedicated resources and outreach channels
- Invest in programs that help individuals improve and maintain their physical, oral and mental health
- Identify needs early by using volunteers, medical students, and professionals to administer vision and dental screenings in childcare centers, schools, and community centers

Approaches- health education and preventative care

- Target childhood hunger in childcare, schools, and out of school settings to promote healthy development and achievement
- Increase healthy food production and distribution into underserved communities
- Increase the options for individuals and families to make healthy food choices at home, school, and work through policy and education efforts
- Identify local food needs and resources/access

to outdoor space and play environments

- Promote and remove barriers to annual pediatric visits and preventative care
- Engage youth and teenagers to understand the consequences of risky behavior like substance use, sexual activity, and poor health and teach the skills to make positive choices
- Incorporate health in all policies, using policy opportunities to create healthier spaces to live, work, play, and learn

Approaches- domestic/family violence prevention and intervention

- Support expectant parents and create healthy homes through home visitation programs
- Integrate healthy parenting skills into early education programming
- Promote two-generation strategies that benefit the whole family: include parenting, nutrition, healthy relationships, and financial education programming at childcare, afterschool, and out-of-school settings to reach parents
- Promote protective factor strategies for preventing family- and intimate-partner violence
- Invest in projects that promote healthy environments as well as programs that support victims of domestic violence by helping them and their families find services, safety and stable housing



\$110,000

raised in North Idaho to support health and wellness 2016-2018



United Way of North Idaho